

RESOURCES FOR FAMILY LAW LITIGANTS

For basic information about the family law mediation program in the Sixth Judicial District go to mediateiowa.org or email admin@mediateiowa.org with your questions.

Family Law Requirements Order: all parties in dissolution cases, modifications of custody and visitation and any other case receives this order. The order tells you in detail what you need to do to resolve your case with the court.

Iowa Judicial Branch website provides General Legal Information on the following topics. It is not legal advice.

- **Forms and Guidelines for getting a divorce in Iowa when you are representing yourself:**
 - <https://www.iowacourts.gov/for-the-public/court-forms/filters/6d68936ce4e842e581904af70a4cb50c>
- **Representing yourself in a divorce:**
 - <https://www.iowacourts.gov/for-the-public/representing-yourself/representing-yourself-divorce/>
- **Representing yourself in a child custody case**
 - <https://www.iowacourts.gov/for-the-public/representing-yourself/child-custody/>
- **Representing yourself re: child support**
 - <https://www.iowacourts.gov/for-the-public/representing-yourself/child-support/>

Form for reporting your financial information (required), go to: <https://www.iowacourts.gov/for-the-public/court-forms/> and use Iowa Court Form 124 – with no children OR Iowa Court Form 224 – with children

To calculate child support, go to one of these sites:

- Iowa Support Master: <https://www.awism.com/childsupport/officialindex.shtml> OR
- IDHS: <https://secureapp.dhs.state.ia.us/estimator/>

FAQ's about mediation: <https://mediateiowa.org/faqs/>

How to prepare for mediation: [https://mediateiowa.org/wp-content/uploads/How to Prepere for Mediation.pdf](https://mediateiowa.org/wp-content/uploads/How_to_Prepere_for_Mediation.pdf)

List of possible divorce issues: https://mediateiowa.org/wp-content/uploads/Divorce_issues_checklist.pdf

If you are afraid to be with the other person, tell your mediator before you meet and tell your attorney, if you have one. See <https://mediateiowa.org/im-afraid-or-worried/>

Mediation is not appropriate in every case. For more information see: <https://mediateiowa.org/im-afraid-or-worried/> AND <https://mediateiowa.org/wp-content/uploads/WaiverOfMediationApplication.pdf>

If you are concerned that you cannot afford a mediator, see this link for an application for a reduced fee mediator. Each person applies for this status separately. [https://mediateiowa.org/wp-content/uploads/Reduced Fee Mediator Application REVISED Sept 28 2016.pdf](https://mediateiowa.org/wp-content/uploads/Reduced_Fee_Mediator_Application_REVISED_Sept_28_2016.pdf)

Suggestions on how to select a mediator and list of mediators: <https://mediateiowa.org/list-of-mediators/>

Suggestions on how to select an attorney: <https://mediateiowa.org/faqs/>

If you would like legal advice to prepare for mediation or on specific issues only, you can hire an attorney for these limited purposes. <https://mediateiowa.org/list-of-mediation-prep-session-attorneys/>

Videos of what mediation looks like: <https://www.youtube.com/watch?v=XPpgk0HeRk>
<https://www.youtube.com/watch?v=21BVczuei0l><https://www.youtube.com/watch?v=rV5jJvglPq0&t=80s;>